

Young Parents & Parents to Be Project

Help with:

Travel Expenses

Childcare Costs

Advice on Learning

Employment Skills

**A Flexible 10 week programme for Young Parents or Parents to Be aged 16 –19 in the Norwich Area
Next start in February 2010**

- A selection of courses; attend them all or just the ones you want to
- Opportunity to gain First Aid, Food Hygiene and additional qualifications
- Help with improving your Literacy and Numeracy
- Guidance on future choices

In addition if you choose to attend 12 hours a week
You may be able to claim EMA of
up to £30 a week

For more information contact ProjectFirst

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